

# 2010

## USTA Jr. Team Tennis

# Spring Season

(using the QuickStart play format)

- Spring Season for DOCTA QuickStart league begins on Sunday, April 11th
- The team/player entry deadline is Wednesday, March 24th
- The season will run for 7 weeks
- Play held on Sunday afternoons
- Divisions: 6-8 year olds, 9-10 year olds

**QuickStart Tennis** is an innovative new play format designed to bring more children 10 years of age and under into the game. QuickStart appropriately scales down all aspects of regulation tennis—including equipment, court dimensions, and scoring—so that the game becomes specifically tailored to their age and size. The format is broken out into two age groupings, for children ages 10-under and for those who are 8-under, similar to models used successfully in other youth sports (such as youth baseball).

### To sign up to play:

- Go to [www.nctennis.com](http://www.nctennis.com)
- Click on Team Tennis option under Tennis link( top of the page, next to picture of tennis player)
- Click on "Find A Program"
- Click on Jr. under Select Program type
- Enter zipcode
- Click on "Find a Program"
- Select DOCTA QuickStart Spring league and click "register"
- Enter USTA membership ID( If you don't have one, click on "join today"
- Select the appropriate Division
- Select a shirt size, click proceed to check out and provide payment information

A team manager/coach is required for each team.

The **\$27** registration fee includes the new Nike uniform shirt!

USTA Membership is required for participation.  
The annual junior fee is \$19.00.

For more information about the benefits of membership and to sign up, visit [www.usta.com](http://www.usta.com).

**Interested in coaching or want more information about the QuickStart format?**

**Attend the QuickStart Training Workshop on March 21st or**

**Contact Patti Fox**

**[plsfox@cs.com](mailto:plsfox@cs.com) (919) 606-1786**

**[www.docta.org](http://www.docta.org)**

